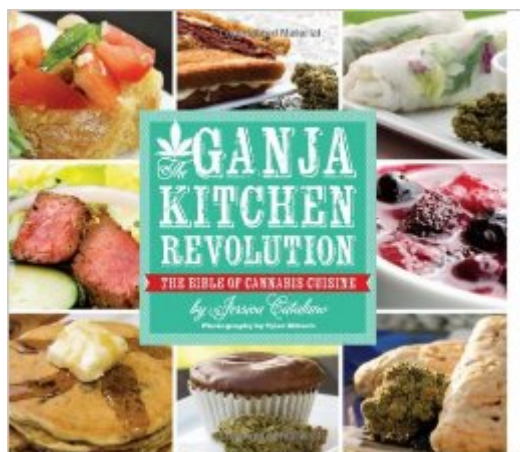


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The Ganja Kitchen Revolution: The Bible Of Cannabis Cuisine



Synopsis

Written for all levels of kitchen skill, The Ganja Kitchen Revolution explores a whole host of international culinary influences and pairs every recipe with a cannabis strain whose flavor complements that of the dish; creating a whole new type of cannabis cuisine than spans the globe! With extraction methods that include oils, extracts, nut butters, and the infamous cannabutter, The Ganja Kitchen Revolution allows the reader to medicate more recipes than ever before while ensuring that the joy of eating is never compromised in the process. The revolutionary new dosing chart means that finding the right dose has never been easier. With comprehensive step-by-step photos for every recipe, anyone can create fantastic medicated dishes. This book will change the way we all cook with cannabis.

Book Information

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Average Customer Review: 4.4 out of 5 stars See all reviews (47 customer reviews)

Best Sellers Rank: #61,299 in Books (See Top 100 in Books) #45 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Herbs, Spices & Condiments #1046 in Books > Cookbooks, Food & Wine > Special Diet

Customer Reviews

I've been following TGKR and her blog for a while now and always loved her featured stories and wholesome (and healthy!!!) Medicated dishes. This book blew me away!!! It is easy to follow with picture examples that make finding that right "color" easy! We all know how hard that is... Great international collection too. My favorite part may have to be the dosing and strain substitution chart. Finding the right flavor complements is fun and experimenting with the right doses has really pulled me in. From mild days off to severe headaches, its less of a guessing game for me now... I need to be functional!!!

This book is revolutionary! The recipes are mouth-watering and easy to follow. I really love how the

author gives a very simple layout on HOW to dose yourself. This has always been the problem for me with ganja recipes, I don't want to be stuck on the floor and I want to eat more than a 1/4 serving. With the dosing chart and strain info this is by far the best ganja cookbook out there. I love the strain-specific recipes and how the author gives alternative strains for you to use. The absolute best part is that the recipes are so good that I use it as a regular cookbook and only add the ganja when I need it.

Just got mine...incredibly artistic, detailed and professionally well put together with the science of cannabis and addressing ways one can really enjoy their cannabis experience on the ultimate cuisine journey that Jessica takes us on....a healing experience...helps you understand the strains and usage for medicinal purposes which is why I am here...Best book on the market...innovative, fresh and real

I purchased the Kindle edition of this book after reading the glowing reviews. I wish I could either confirm or refute those reviews, but I can't. I returned the Kindle version. Why? It's unusable. Some key information is unreadable or missing. In one case, a long (tall and narrow) chart of various strains and info associated with each that spans a couple of pages, remains unreadable, no matter what effort you make to zoom (text size increases, but the graphic keeps popping back to its original, unreadable size). That's not the worst of it, though. Here's what makes the Kindle version completely useless. This is a recipe book, right? Well, all of the recipes ingredients lists were either graphics in the original book or the conversion process just borked at the list formatting, but the leftmost part of every line is missing. The display starts at about "ups all-purpose flour". Great. How many cups of flour? You can make out the ingredients, and usually tell if the quantity is teaspoons, tablespoons or cups or whatever, but all of the actual amounts are missing. I'd like to have this book in my collection, but am not willing to pay extra for the print product. One thing I will say about is that I was pleasantly surprised at how easy it was to return a Kindle product. 5 stars for that. Can't say how many stars for this book. -5 stars for the Kindle conversion process. Since you can't give zero stars, I averaged the two scores and rounded up. I would have preferred to round down, but couldn't.

This is a very well illustrated book built upon the simplest of medical marijuana cooking premises. I enjoyed the recipes & pictures, tho the heart of the book is captured in just a half-dozen pages and here: consider a dose initially as 0.25gm of dried, shifted bud. With experience, increase that in

0.25gm increments till you find your desired dose. Then, by way of how to cook it into things, simply make any of 3 basic methods of diffusing THC into a dissolving liquid which can then be stored & used as needed when you actually do your cooking. The three basic methods are: cook on low heat for an hour in butter, in coconut or olive oil, or soak for a couple months in an alcohol-based solution. The book is no more complex than that. As a cook, I found the recipes to be relatively simple, not use too many obscure ingredients (aside from the countless varieties of bud she details & describes), well illustrated in mouth watering pictures, and well described as far as preparations & cooking procedures. Aside from the recipes for ghee, etc, NONE of the recipes demand pot to make for good food. You just use THC-laced ghee (butter) or oil if you want medical food. I bought this for my 85y/o mother who is now on dope because she has no appetite. There is nothing in this book that would prevent her from getting the full value of a MMJ cookbook. Tho I repeat that if you just cook your medicine in oil or butter, then use that to actually cook food, measuring carefully all the way, that's all you need to know.

This book is nice, don't get me wrong; good pictures, good information, and high end recipes, BUT this book is extremely high end cooking, and there's no way around that. You have to be able to cook very well, not be intimidated by complicated recipes/restaurant quality food prep. The information on using Cannabis in cooking is stellar, but frankly, it's not a transferrable book to add your own recipes, because they are selecting strains specific to the recipe in mind. This is a problem if you don't have legal access (for one), in areas where the specific style of strain isn't available (they give alternatives, but still, for TASTE not for THC/CBD strain reasons, which is for one, why we have to be careful; they aren't all created equal. So while it's stunningly beautiful, well written, and packed full of high end recipes, you might want to look at other cookbooks out there to have more of a range, as well as a complex understanding of strains how they work and why you'd want to use what you use, rather than pairing strains for taste, but that's just ME.

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